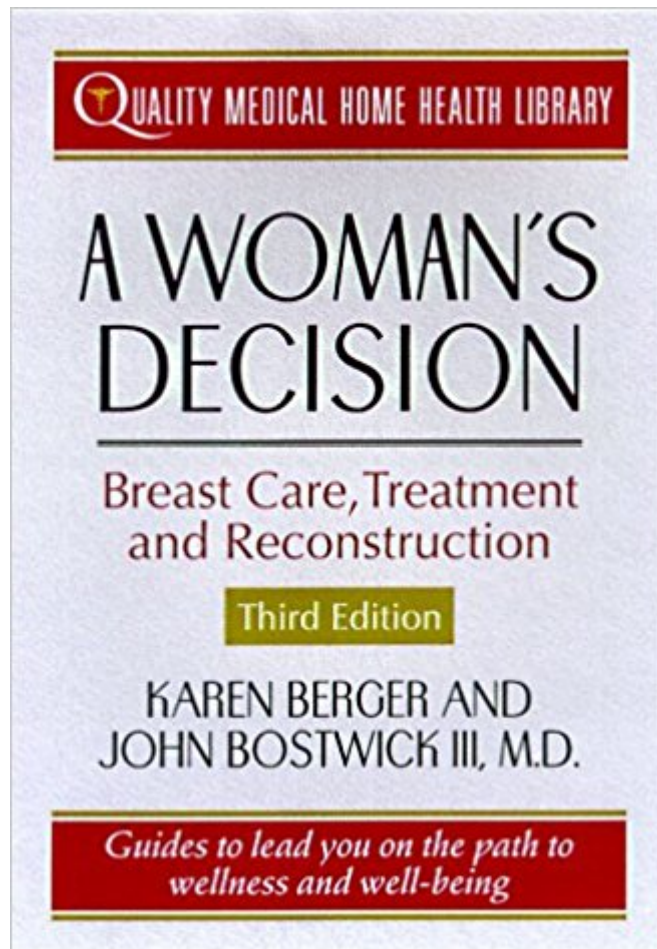


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# A Woman's Decision: Breast Care, Treatment & Reconstruction (Quality Medical Home Health Library)



## Synopsis

A Woman's Decision is an extraordinarily sensitive and authoritative book that will help women assess their options, familiarize themselves with the techniques used in treating breast cancer, and prepare themselves for what to expect medically and emotionally from reconstructive surgery. It combines complete and fully updated medical information with a detailed look at the emotional issues a woman must face when confronting breast cancer. Especially reassuring are the interviews conducted with women and their loved ones, discussion feelings and reactions at every stage, including the decision to seek reconstructive surgery. In easy-to-understand language, this new edition features the newest therapies available for breast cancer treatment including: Genetic and hormonal therapy Endoscopic (minimally invasive) surgery Image-guided biopsy and sentinel node biopsy Lumpectomy versus mastectomy Skin-sparing mastectomy and immediate reconstruction Partial reconstruction after lumpectomy

## Book Information

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Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (8 customer reviews)

Best Sellers Rank: #744,478 in Books (See Top 100 in Books) #264 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Breast Cancer](#) #3439 in [Books > Health, Fitness & Dieting > Women's Health](#)

## Customer Reviews

There are many, many books out there dealing with breast cancer and treatment but this was the only one I could find that really helps a woman decide what course to take if she thinks she wants to have reconstructive surgery. I found it so helpful I recommended it to my doctor. Making a decision to have reconstructive surgery is hard enough, but then you have to decide what type you would like to have, what your choices are depending on your type of cancer and treatment, and, when to have the surgery. Especially helpful are the black and white photos of the results of each type of operation

as well as touching and honest real life descriptions of experiences by women who have had these types of surgeries. Having actually gone through a mastectomy with simultaneous "tram flap" reconstruction, I can attest to the accuracy of both the medical information and the emotional descriptions contained in the book.

I thoroughly enjoyed this book! The personal stories of those who have been through breast reconstruction were especially interesting. Each subject discussed their type of reconstruction, why they chose that particular type, their surgery (pain, recovery and results) and how breast surgery and reconstruction affected their relationships with their mate and family. The rest of the book is filled with so much valuable information on reconstruction procedures and various aspects of breast cancer. I would heartily recommend this book to anyone who is wrestling with the decision to have reconstruction. Even those who are already reconstructed will enjoy this book. They will learn more about the surgical procedures and can compare their experiences with those in the personal stories. Definitely a five star book!!!!

My plastic surgeon gave me this book to read. It was the best book on breast cancer I've found, and I've built up quite a library lately. It aided me in my treatment decision as well as my reconstruction choice. It also explained my pathology report better than any of my doctors. A great book for any breast cancer patient or her family.

The diagnosis of Breast Cancer usually comes unexpected and is emotionally overwhelming. Decisions that will have a lifelong impact often need to be made within a short period of time. The authors explain in detail all the different screening options, the various treatment options at all stages of the disease, and, most important, surgical reconstructive procedures performed either in conjunction with a mastectomy/lumpectomy or at a later time. Diagrams, drawings, and "before and after" pictures help to visualize the results of reconstructive surgery.

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